

	Forerunner® 310XT	Forerunner® 910XT	Forerunner® 110	Forerunner® 210	Forerunner® 410	Forerunner® 610
Ability to add maps:	no	no	no	no	no	no
Accepts data cards:	no	no	no	no	no	no
Advanced workouts	yes	yes	no	no	yes	yes
Auto Lap®	yes	yes	yes	yes	yes	yes
Auto Pause®	yes	yes	no	no	yes	yes
Auto Scroll	yes	yes	no	no	yes	yes
Automatic sync	yes	yes	no	no	yes	yes
Barometric altimeter:	no	yes	no	no	no	no
Basemap:	no	no	no	no	no	no
Battery life:	up to 20 hours	up to 20 hours	3 weeks power save; 8 hours training	2 weeks power save; 8 hours training	2 weeks power save; 8 hours training	4 weeks power save; 8 hours training
Battery:	rechargeable lithium-ion	rechargeable lithium-ion	rechargeable lithium-ion	rechargeable lithium-ion	rechargeable lithium-ion	rechargeable lithium-ion
Bike speed/cadence sensor:	yes (optional)	yes (optional)	no	no	yes (optional)	yes (optional)
Courses	yes	yes	no	no	yes	no
Customizable screen(s):	yes	yes	no	no	yes	yes
Display resolution, WxH:	160 x 100 pixels	160 x 100 pixels	52 x 30 pixels	52 x 30 pixels	124 x 95 pixels	128 x 128 pixels
Display size, WxH:	3.3 x 2.0 cm	3.3 x 2.0 cm	2.5 x 2.5 cm diameter	2.5 x 2.5 cm diameter	2.7 cm diameter	2.54 cm diameter
Foot pod:	yes (optional)	yes (optional)	no	yes (some versions)	yes (optional)	yes (optional)
Garmin Connect™ compatible	yes	yes	yes	yes	yes	yes
Garmin Training Center® software compatible:	yes	yes	yes	yes	yes	yes
GPS-enabled:	yes	yes	yes	yes	yes	yes
Heart rate monitor:	yes (optional)	yes (optional)	yes (some versions)	yes	yes (some versions)	yes (some versions)
Heart rate-based calorie computation:	yes	yes	yes	yes	yes	yes
High-sensitivity receiver:	yes	yes	yes	yes	yes	yes
Interval training	yes	yes	no	yes	yes	yes
Lap history:	1000 laps	1000 laps	1000 laps	1000 laps	1000 laps	1000 laps
Multi-sport	yes	yes	no	no	no	no
Pace alert	yes (advanced only)	yes (advanced only)	no	no	yes (for advanced workouts only)	yes (for advanced workouts only)
Power meter compatible	yes	yes	no	no	no	no
Routes:	0	0	0	0	0	0
Simple workouts	no	no	no	no	yes	no
Sport watch:	no	no	yes	yes	yes	yes
Temperature	no	no	no	no	no	no
Time/distance alert	yes	yes	no	no	yes (for advanced workouts only)	yes
Touchscreen:	no	no	no	no	no	yes
Training effect	no	yes	no	no	no	yes
Unit dimensions, WxHxD:	5.4 x 5.6 x 1.9 cm	5.4 x 6.1 x 1.5 cm	4.5 x 6.9 x 1.4 cm	4.5 x 6.9 x 1.4 cm	4.8 x 7.1 x 1.6 cm	4.57 x 6.35 x 1.42 cm
Unit-to-unit transfer	no	no	no	no	yes	no
Vibration alert:	yes	yes	no	no	no	yes
Virtual Partner®	yes	yes	no	no	yes	yes
Virtual racer™	no	yes	no	no	no	yes
Water resistant:	yes (50m)	yes (50m)	yes (IPX7)	yes (IPX7)	yes (IPX7)	yes (IPX7)
Waypoints/favorites/locations:	100	100	0	0	100	100
Weight:	72 g	72 g	52 g	52 g	60 g	72 g